

## 5.2.5 CAA requirements for Psychiatrist or Psychologist report

Please carry this sheet to your doctor (preferably at the time of booking) so that an appropriate test, one that meets CAA requirements, may be carried out. In case of questions, the Aviation Medicine Team may be contacted at 04 560 9466.

**Note:** If the tests are not carried out as per these guidelines, (and the necessary reports are not provided), the test may need to be repeated, causing inconvenience, delays, and expense.

### **Consultation**

The consultation should only take place after all the necessary material has been sighted by the consultant psychiatrist. Once an appointment has been obtained, the Aviation Medicine Team of the CAA should be advised, so that the necessary material can be sent to the consultant in good time.

### **Collateral information**

The consultant may require the attendance of a member of the family, or some other individual, to assist in the assessment. The consultant may also wish to seek collateral information from people you know. This can only occur with your consent.

Blood tests or questionnaires may also be required by the consultant.

### **Report**

There may be a considerable interval of time between the consultation, and the completion of the report. During the consultation, it may be possible to obtain an indication of the possible time required for the report to be completed. The report should be sent directly to the requesting party, the ME or CAA.

The consultant's report will provide a multi-axial diagnosis, and an indication of prognosis. It may also offer a risk assessment opinion. An opinion regarding fitness to fly is not required. Once the report has been received, (and any necessary clarifications obtained), the doctors will be able to proceed to the next step in the process.

Please be advised that any costs for this investigation will need to be borne by you